

# REGULATIONS FOR AUGUSS WM MODERN CLASSIC CUP

19 March 2026



## INTRODUCTION

The AUGUSS-WM Modern Classic Cup features a modern-classic infusion (Aufguss).

A modern-classic Aufguss is defined as a sauna ritual lasting 12-15 minutes, during which water and/or ice, enriched with essential oils, is vaporized on the sauna stones with the background of a soundtrack.

In this kind of ritual the air is moved using a towel, mostly using classic waving techniques, that is to say the techniques with the main purpose on heat and air distribution (i.e. Flag, Helicopter, Parachute, ...)

The usage of choreographic/advanced movements, which might be less effective in terms of moving air, can also be moderately introduced in harmony with the chosen music and in balance with the main focus of the infusion.

## CONDITIONS FOR PARTICIPATION

Participants must be employed as Master of Aufguss (MoA) in a spa facility (verification needed), be a certified MoA (certificate needed), or have successfully participated in an Aufguss contest.

Qualification occurs through national Qualifying events. Participants can represent their home country or a country where they've worked for at



least 1 year. Each participant can only come out for one country in all Aufguss WM competitions. For example: If a participant comes out in a team for show aufguss for another country that is not the MoA's main country, he or she can not participate in the Modern Classic Cup as this would be coming out for 2 countries.



Each country qualifies 1 participant for the AUFGUSS-WM.

## **DISCIPLINES AND THEME**

The Aufguss is performed solo for an expert jury and guests. The topic can be freely chosen but must be announced during registration.

## **TIME AND STRUCTURE**

The duration of the Aufguss should be between 12-15 minutes, with 14 minutes considered optimal. This time includes both the welcoming and farewell. The performance officially begins when the MoA enters the sauna room and ends when they leave.

## **WELCOMING AND INTRODUCTION**

The welcoming and introduction must not exceed 90 seconds. During this time, the MoA should explain the central topic, the essential oils used, and safety rules. Explanation of hygienic rules is not necessary.

## ESSENTIAL OILS AND EQUIPMENT

All fragrances must be submitted and made available to the jury prior to the performance. Only ice with essential oils or blends is allowed for this competition. Smoke or infusions are considered for use in Herbal Cup. The MoA is responsible for providing their own waving towels and oils, while the host will provide buckets, ladles, water, and ice for the performance.



## MUSIC AND LIGHTING

The music and volume can be individually selected by each participant. All music must be sent to the host in advance of the competition. The use of lighting is optional and should fit the central topic of the performance if utilized.

## CLOTHING AND FAN USE

Participants must wear neutral sauna clothes, pestemal, or kilt during their performance. The use of costumes or strong synthetic clothing is not permitted. A fan may be used for a maximum of 2 minutes during the performance and will be judged based on heat distribution and waving techniques.

## PRACTICE AND PREPARATION

Each participant is granted one practice opportunity at the competition location. During the competition, the preparation before the Aufguss should not exceed 15 minutes with no help of assistance, and cleaning afterward should also be completed within 15 minutes.



## **JURY INFORMATION**

Written information about the central topic, desired goal (for example: relax aufguss, meditation, revitalizing, feel-good, ...), and essential oils used must be provided to the jury one week before the event. This allows the jury to better understand and evaluate the performance. A form is available on the website to fill in for this purpose.

## **DISQUALIFICATION**

Any violation of the established rules will result in immediate disqualification. Additionally, disturbances resulting from alcohol or drug use will also lead to disqualification from the competition.

## **EVALUATION CRITERIA**

The performance will be evaluated based on professionalism, increase and distribution of heat, waving techniques, fragrances used and dosage, topic implementation, and atmosphere created. A maximum of 100 points is possible. The evaluation is conducted by 3 or 5 jury members who are positioned inside the sauna during the performance. The winner is determined by the MoA who achieves the highest total score. The details can be found in the jury catalogue.

## **STARTING LIST AND CANCELLATIONS**

The competition order is determined through a neutral drawing. In the event that a finalist cancels their participation, the next highest-scoring participant from their country will move up to take their place.

## QUALIFYING KEY

Each nation is allocated one place in the finals. To qualify for the finals, participants must achieve at least half of the possible points during their qualifying performance. The organising host receives a wild card.



## MEDIA

All participants agree to the use and sharing of photos and videos taken during the competition. These materials may be used for promotional purposes, including social media and website content.